



*“Speak up and lean in.”
“Contribute to the conversation.”
“Ask for what you really want.”*

Well, I'd love to do all those things and more, but as I prep for my company's quarterly meeting, my pulse is elevated and my stomach hurts. I feel that familiar panic...Then I realize that today's meeting is going to be completely different. I don't have to dread it. In fact, I'll probably enjoy it! Because today's the day I show everyone who I really am.

Growing up, I never used to get anxious in a crowd or stressed out by a large group of people. I was confident and sharp. So sure of myself- quick on my feet.

But, over the years, I started to feel frustrated in public settings. Talking in a big group felt impossible. People kind of changed the way they acted toward me too. I started to avoid lunches with groups of friends, going to concerts, hanging out at cafes- really any place that seemed overwhelming, which seemed to be most social settings.

What really suffered is my work though. I love what I do. But I kept missing out on opportunities and my reviews reflected a decrease in performance. It seemed like I was being left out of conversations. I felt like an outsider. Meetings left me mentally drained and so grouchy. I couldn't seem to take in all the information. It was just too much. Depression was starting to kick in, so I went to see my doctor. Turns out that I'm not suffering from depression, anxiety or adult onset ADHD but...hearing loss.

When my doctor ordered a hearing test instead of a prescription, I was in shock. The signs had been there all along, but didn't register!

After seeing a specialist, I learned that hearing loss is not just about volume, it's about tone and background noise too. I have the kind of hearing loss that's called Sensinoneural, or low frequency, hearing loss. I don't need hearing aids, but need help with clearing up background noise and getting the full range of tone back.

So, my specialist recommended the Quattro 4 Pro. It's a cool, sleek bluetooth enabled device I wear around my neck that connects to ear buds. It comes with a microphone too, so in group settings, I can just set it in the middle of the table and hear everything that's being said. My brain seems more relaxed when I wear it and I'm starting to get out to see my friends again.

I told everyone about my hearing loss, including my supervisors at work. It's like a light bulb went off for everyone who'd known me for a while. They were wondering why I'd seemed so different these past few years and now it all made sense. I feel relieved, excited...and even a little bit emotional. The missing piece of my puzzle is finally in place.

Today, I'm gonna rock this meeting and finally be part of the conversation with my Quattro 4 Pro.

I'm so excited!



Technical Specifications for QuattroPro

Component	Specification
Bluetooth Compliance	Bluetooth Specification version 4.1
Frequency Band	2.4G ISM, Chanel 79
Modulation System	GFSK
RF Power	Class 2 , -5~3 dBm
Operating Range	Up to 10m (<i>indoor</i>)
Connection	Multi-point connection
Security	Security mode 3 (<i>pairing, encryption, authentication</i>)
Profile	HSP, A2DP, AVRCP, HFP
Compatibility	Supporting Bluetooth 1.1 (<i>and above</i>) specifications
Power Supply	DC 5V / 500mA QuattroPro : Rechargeable Li-Polymer 450mAh
Charging time	About 5 hours
Talking time	About 4 hours (<i>for Hearing aid device</i>) About 7 hours (<i>for 32 Ohm ear piece</i>) <i>*As the using environment is different the talking time may be different</i>
Standby time	4 days
Ambient temperature	Normal: 15°~35° , Extreme: 0°~40°
Humidity	0%~90%

Technical Specifications for CS BT4 Mic

Component	Specification
Bluetooth Compliance	Bluetooth Specification version 3.0
Frequency Band	2.4G ISM , Chanel 79
Modulation System	GFSK
RF Power	Class 2 , -6~4 dBm
Operating Range	Up to 10m (<i>indoor</i>)
Connection	Point to Point
Security	Security mode 3 (<i>pairing, encryption, authentication</i>)
Profile	AGHSP
Compatibility	Supporting Bluetooth 1.1 (<i>and above</i>) specifications
Power Supply	DC 5V / 500mA CS BT4 Mic : Rechargeable Li-Polymer 150mAh
Charging time	About 5 hours
Talking time	3 hours
Standby time	12 hours
Ambient temperature	Normal: 15°~35° , Extreme: 0°~40°
Humidity	0%~90%